

# Touched: Helen Schucman's Journey to Healing Through the Power of a Course in Miracles

Helen Schucman was a Christian Scientist and a skeptical recipient of the messages that would eventually become A Course in Miracles. However, as she continued to receive and transcribe the messages, she began to experience a profound transformation in her life and health.

Touched is the story of Schucman's journey to healing through the power of A Course in Miracles. It is a beautifully written and inspiring book that will resonate with anyone who is seeking healing or a deeper connection to the divine.



## **Touched: Journey to Healing** by Helen Schucman

★★★★★ 5 out of 5

Language : English  
File size : 1124 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 30 pages  
Lending : Enabled  
Screen Reader : Supported



## **A Course in Miracles**

A Course in Miracles is a self-study spiritual self-help book that was scribed by Helen Schucman and dictated to her by Jesus Christ over a seven-year

period from 1965 to 1972. The course is based on the idea that the world we see is an illusion, and that our true home is in Heaven. The course teaches that we can return to Heaven by forgiving our sins and accepting God's love.

A Course in Miracles has been translated into more than 30 languages and has sold more than 2 million copies worldwide. It is a powerful tool for healing and transformation, and it has helped countless people to find peace, love, and happiness.

### **Helen Schucman's Journey to Healing**

Helen Schucman was born in New York City in 1909. She was a shy and introverted child, and she often felt like an outsider. After graduating from high school, Schucman worked as a secretary and a teacher. In 1954, she met William Thetford, a psychologist who would become her lifelong friend and collaborator.

In 1965, Schucman began to receive messages from Jesus Christ. She was initially skeptical of the messages, but she eventually came to believe that they were real. Schucman and Thetford began to transcribe the messages, and in 1972, A Course in Miracles was published.

Schucman's journey to healing was not easy. She struggled with depression and anxiety throughout her life. However, she found comfort and healing in the messages of A Course in Miracles. Schucman died in 1981, but her legacy continues to live on through the course.

### **The Power of Healing**

A Course in Miracles teaches that we all have the power to heal ourselves. We can heal our physical, emotional, and spiritual wounds by forgiving our sins and accepting God's love.

The healing process is not always easy. It can be painful to face our wounds and to forgive those who have hurt us. However, the rewards of healing are great. When we heal, we become more loving, compassionate, and peaceful. We also become more open to God's love and guidance.

If you are seeking healing, I encourage you to read A Course in Miracles. This powerful book can help you to find the healing that you are seeking.

Touched is a beautifully written and inspiring book that tells the story of Helen Schucman's journey to healing through the power of A Course in Miracles. This book is a must-read for anyone who is seeking healing or a deeper connection to the divine.



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