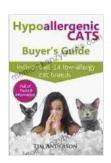
## The Ultimate Buyer's Guide to Low-Allergy Cat Breeds: Everything You Need to Know

If you're considering getting a cat but are worried about allergies, this guide is for you. We'll cover everything you need to know about low-allergy cat breeds, including their characteristics, grooming needs, and more.

#### What are low-allergy cat breeds?

Low-allergy cat breeds are cats that produce less of the Fel d 1 protein, which is the primary allergen in cats. This protein is found in cat saliva, urine, and dander, and it can cause allergic reactions in people who are sensitive to it.



Hypoallergenic Cats: Buyer's Guide. Includes all 14 low-allergy cat breeds. Full of facts & information for people with cat allergies. by Tim Anderson

★ ★ ★ ★ ★ 5 out of 5 Language : English : 1055 KB File size Text-to-Speech : Enabled : Supported Screen Reader Enhanced typesetting: Enabled Word Wise : Enabled Print length : 110 pages Lending : Enabled



There is no such thing as a completely hypoallergenic cat breed, but some breeds produce less Fel d 1 than others. This means that people who are

allergic to cats may be able to tolerate these breeds better.

#### **Characteristics of low-allergy cat breeds**

In general, low-allergy cat breeds have the following characteristics:

- Short hair
- Light shedding
- Dry mouths
- Less frequent grooming

These characteristics help to reduce the amount of Fel d 1 that is produced and released into the environment.

#### **Grooming needs for low-allergy cat breeds**

Even though low-allergy cat breeds produce less Fel d 1, it is still important to groom them regularly to remove loose hair and dander. This will help to further reduce the amount of allergen in your home.

The frequency of grooming will vary depending on the breed of cat you have. Some breeds, such as the Sphynx, require very little grooming, while others, such as the Cornish Rex, require more frequent grooming.

When grooming your cat, be sure to use a soft brush or comb and avoid over-brushing. Over-brushing can irritate your cat's skin and cause them to produce more Fel d 1.

#### Other tips for reducing allergies to cats

In addition to choosing a low-allergy cat breed and grooming them regularly, there are a number of other things you can do to reduce your allergies to cats:

- Keep your cat out of your bedroom
- Use a HEPA filter in your home
- Wash your hands after petting your cat
- Vacuum your home regularly
- Take an antihistamine

By following these tips, you can help to reduce your allergies to cats and enjoy the companionship of these wonderful animals.

#### 14 low-allergy cat breeds

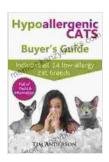
Now that you know more about low-allergy cat breeds, here are 14 breeds to consider if you're allergic to cats:

- 1. Balinese
- 2. Cornish Rex
- 3. Devon Rex
- 4. Javanese
- 5. Oriental Shorthair
- 6. Peterbald
- 7. Russian Blue
- 8. Selkirk Rex

- 9. Siamese
- 10. Sphynx
- 11. Tonkinese
- 12. Siberian
- 13. Bengal
- 14. Burmese

These breeds are all known for producing less Fel d 1 than other breeds, and they can be a great choice for people who are allergic to cats.

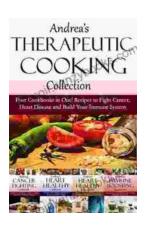
If you're allergic to cats but still want to enjoy the companionship of these wonderful animals, there are a number of low-allergy cat breeds to choose from. By following the tips in this guide, you can help to reduce your allergies and enjoy the love and affection of a cat.



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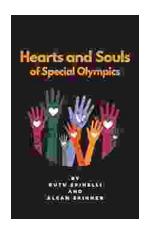
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