

The Complete Guide to Making Your Own Hand Sanitizer and Medical Face Mask



HOMEMADE HAND SANITIZER AND FACE MASK: A COMPLETE GUIDE TO MAKE YOUR OWN HAND SANITIZER AND MEDICAL FACE MASK FOR PROTECTION FROM VIRUS by Amedeo Boyle

★★★★★ 5 out of 5

Language	: English
File size	: 1471 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 27 pages
Lending	: Enabled



With the recent outbreak of the novel coronavirus (COVID-19), there has been a global shortage of hand sanitizer and medical face masks. This has led to many people looking for ways to make their own. This guide will provide you with everything you need to know to make your own hand sanitizer and medical face mask.

Making Hand Sanitizer

Hand sanitizer is a liquid or gel that is used to clean hands without using water. It is typically made with alcohol, which kills germs. To make your own hand sanitizer, you will need the following ingredients:

- 70% isopropyl alcohol
- Aloe vera gel
- Essential oil (optional)

Instructions:

1. Combine 2 parts 70% isopropyl alcohol with 1 part aloe vera gel in a clean container.
2. Add a few drops of essential oil, if desired.
3. Stir until well combined.
4. Pour the mixture into a small bottle or container.

Your hand sanitizer is now ready to use. To use, simply apply a small amount to your hands and rub together until dry.

Making a Medical Face Mask

A medical face mask is a type of personal protective equipment that is used to protect the wearer from airborne particles, such as viruses and bacteria. To make your own medical face mask, you will need the following materials:

- 2 pieces of cotton fabric
- Scissors
- Needle and thread
- Elastic

Instructions:

1. Cut two rectangles of fabric, each measuring 9 inches by 6 inches.
2. Sew the two rectangles together along the edges, leaving a 1-inch opening on one side.
3. Turn the mask right side out and insert a piece of elastic through the opening. Tie the ends of the elastic together to create a loop that will go around your head.
4. Sew the opening closed.

Your medical face mask is now ready to use. To use, simply place the mask over your nose and mouth and adjust the elastic loops to fit snugly. Discard the mask after each use.

Tips for Making Your Own Hand Sanitizer and Medical Face Mask

- Use high-quality ingredients.
- Follow the instructions carefully.
- Be sure to wash your hands before and after making your hand sanitizer or medical face mask.
- Store your hand sanitizer and medical face mask in a cool, dry place.

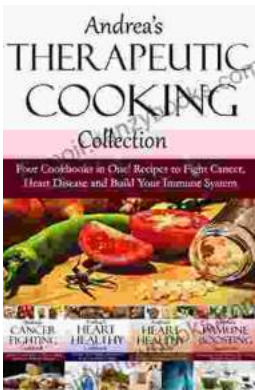
Making your own hand sanitizer and medical face mask is a great way to protect yourself and your loved ones from the novel coronavirus (COVID-19). By following the instructions in this guide, you can easily make your own hand sanitizer and medical face mask at home.



HOMEMADE HAND SANITIZER AND FACE MASK: A COMPLETE GUIDE TO MAKE YOUR OWN HAND SANITIZER AND MEDICAL FACE MASK FOR PROTECTION FROM VIRUS by Amedeo Boyle

★★★★★ 5 out of 5

Language : English
File size : 1471 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 27 pages
Lending : Enabled



Four Cookbooks In One: Recipes To Fight Cancer, Heart Disease, And Build Your Immunity

Looking for a healthy way to fight cancer, heart disease, and build your immunity? Look no further than this cookbook! With over 300 recipes to choose from,...



Hearts and Souls: Exploring the Lives and Legacies of Special Olympics Athletes

The Special Olympics movement has been a beacon of hope and inspiration for decades, transforming the lives of countless athletes with intellectual disabilities around the...