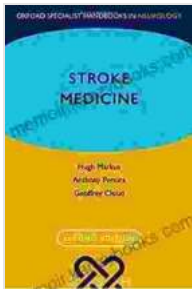


Stroke Medicine: Oxford Specialist Handbooks in Neurology

Stroke is a leading cause of death and disability worldwide. The World Health Organization estimates that there are over 15 million new strokes each year, and that stroke accounts for over 6 million deaths.



Stroke Medicine (Oxford Specialist Handbooks in Neurology) by Hugh Markus

★★★★☆ 4.3 out of 5

Language : English
File size : 46711 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Print length : 608 pages
Lending : Enabled



Stroke is a medical emergency, and it is important to seek treatment as soon as possible. The sooner treatment is started, the better the chances of a good recovery.

Stroke Medicine: Oxford Specialist Handbooks in Neurology is a comprehensive guide to the management of stroke patients. Written by a team of leading experts, the book covers all aspects of stroke care, from prevention and diagnosis to treatment and rehabilitation.

Prevention

The best way to prevent a stroke is to control your risk factors. Risk factors for stroke include:

* High blood pressure * High cholesterol * Diabetes * Smoking * Obesity * Physical inactivity

You can control your risk factors by:

* Eating a healthy diet * Getting regular exercise * Quitting smoking * Losing weight if you are overweight or obese * Managing your blood pressure and cholesterol

Diagnosis

Stroke is diagnosed based on a physical examination and a medical history. Your doctor will also Free Download one or more of the following tests:

* CT scan * MRI scan * Carotid ultrasound * Transcranial Doppler ultrasound

These tests can help to confirm the diagnosis of stroke and to determine the location and severity of the stroke.

Treatment

The treatment of stroke depends on the type of stroke and its severity. The main goals of treatment are to:

* Restore blood flow to the brain * Prevent further damage to the brain * Improve the patient's quality of life

Treatment options for stroke include:

* Medications * Surgery * Rehabilitation

Medications can be used to:

* Dissolve blood clots * Prevent blood clots * Lower blood pressure *
Reduce cholesterol * Control diabetes

Surgery may be necessary to:

* Remove a blood clot from the brain * Repair a damaged blood vessel *
Place a stent in a blocked blood vessel

Rehabilitation can help patients to regain function and improve their quality of life. Rehabilitation may include:

* Physical therapy * Occupational therapy * Speech therapy * Cognitive therapy

Prognosis

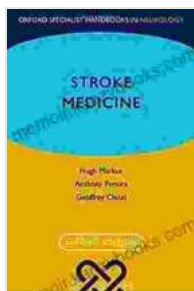
The prognosis for stroke varies depending on the type of stroke and its severity. The sooner treatment is started, the better the chances of a good recovery.

About one-third of stroke patients make a full recovery. Another third of patients have some permanent disability, but are able to live independently. The remaining third of patients have severe disability and require long-term care.

Stroke is a serious medical condition, but it is often preventable. By controlling your risk factors and seeking treatment as soon as possible, you can improve your chances of a good recovery.

Stroke Medicine: Oxford Specialist Handbooks in Neurology is a comprehensive guide to the management of stroke patients. Written by a team of leading experts, the book covers all aspects of stroke care, from prevention and diagnosis to treatment and rehabilitation.

If you or someone you know has had a stroke, this book is an essential resource.



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