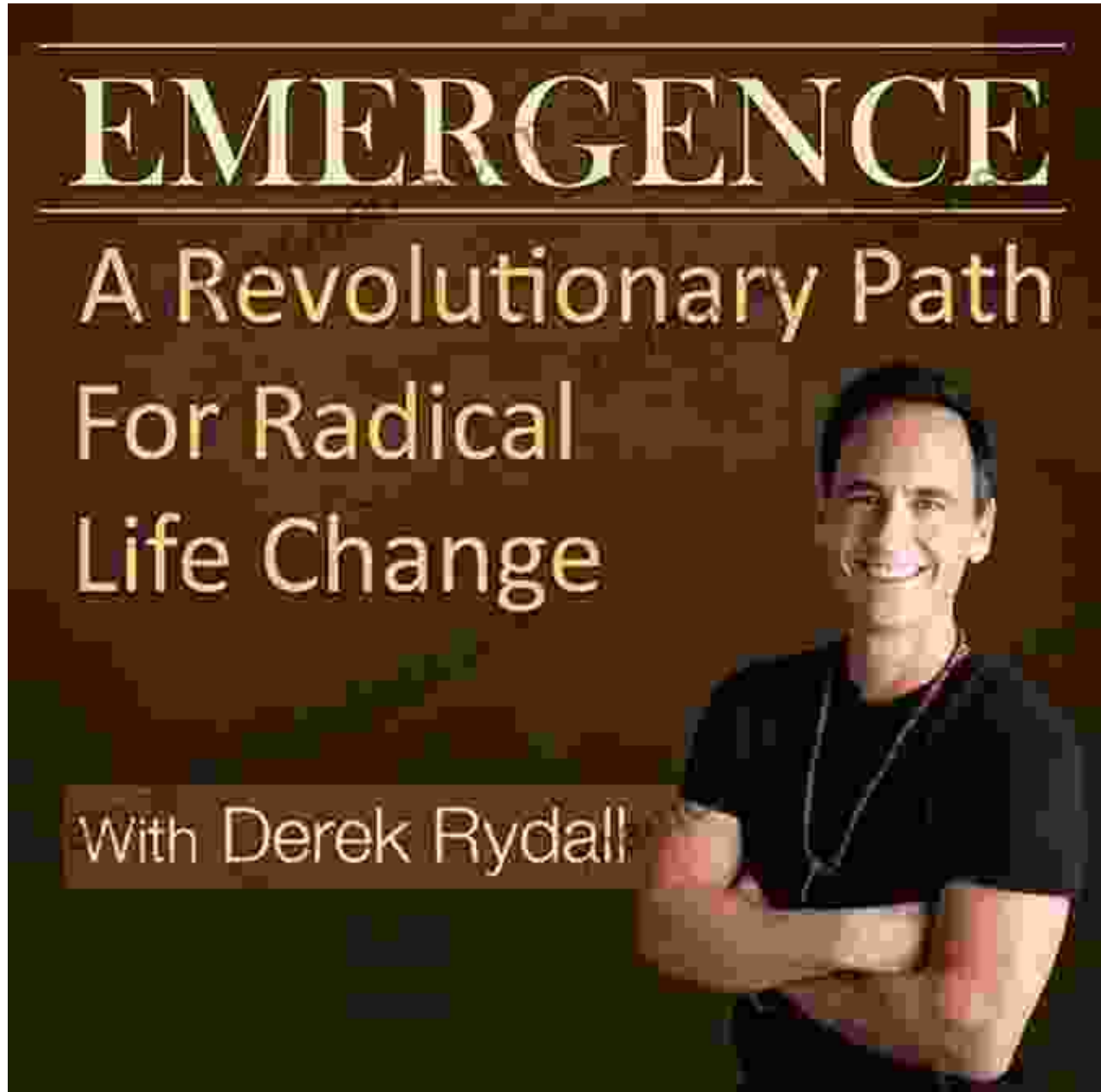


# So Quit Trying To Get It: A Path to Real Spiritual Growth



## You've Already Got It!: So Quit Trying to Get It!

by Andrew Wommack

★★★★☆ 4.8 out of 5

Language : English



File size	: 547 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 242 pages
Lending	: Enabled
Screen Reader	: Supported



In an era marked by endless striving and relentless pursuit of external validation, 'So Quit Trying To Get It' emerges as a transformative guide that challenges conventional approaches to spiritual growth.

Authored by renowned spiritual teacher and author Derek Rydall, this book offers a groundbreaking perspective on the path to spiritual maturity. Rydall asserts that true spiritual growth is not found in constant striving or grasping for outcomes, but rather in the act of surrender and detachment.

## **The Illusion of Control**

Rydall begins by exposing the illusion of control that many of us cling to. We believe that if we work hard enough, pray fervently enough, or manifest with unwavering focus, we can control the outcome of our lives and achieve the spiritual experiences we crave.

However, this illusion of control is the root of much of our suffering. It leads us to live in a state of constant tension and anxiety, always striving to meet our expectations and avoid disappointment.

## **The Power of Surrender**

Rydall offers a compelling alternative to this misguided pursuit of control: surrender. He invites us to let go of our attachments to outcomes, to release the need to know how or when our prayers will be answered, and to simply trust in the divine flow of life.

When we surrender, we open ourselves up to the infinite possibilities that the universe has to offer. We become more receptive to guidance, intuition, and the synchronicities that guide our path.

## **The Practice of Detachment**

Surrender is complemented by the practice of detachment. Rydall teaches us how to detach from our egoic desires and attachments, which often lead us astray and keep us stuck in cycles of suffering.

Detachment does not mean becoming indifferent or apathetic. Rather, it involves cultivating a sense of inner peace and acceptance that allows us to navigate the ups and downs of life with equanimity.

## **A Path of Transformation**

'So Quit Trying To Get It' is more than just a theoretical guide. Rydall provides practical exercises and guided meditations to help readers embody the principles of surrender and detachment in their daily lives.

Through this transformative journey, readers will:

- Release the need for external validation and approval
- Cultivate a deep sense of inner peace and contentment
- Experience more profound spiritual connections

- Discover their true purpose and path in life

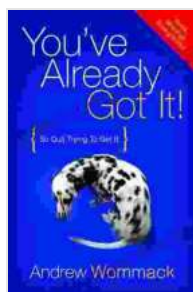
## A Journey of Self-Discovery

Ultimately, 'So Quit Trying To Get It' is a journey of self-discovery. By surrendering our attachments and embracing the present moment, we unlock the potential for a life filled with purpose, meaning, and spiritual fulfillment.

If you are ready to embark on a transformative spiritual journey, this book is an invaluable guide that will lead you toward a deeper understanding of yourself and your place in the universe.

In 'So Quit Trying To Get It', Derek Rydall offers a profound and transformative path to spiritual成長. By embracing surrender and detachment, we can break free from the illusions that hold us back and experience the boundless possibilities that life has to offer.

Whether you are a seasoned seeker or just beginning your spiritual journey, this book is a must-read for anyone who desires to live a life of peace, purpose, and spiritual fulfillment.

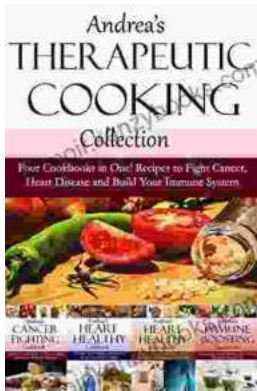


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