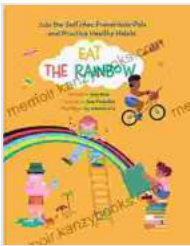


Join The Self Chec Preventiconpals And Practice Healthy Habits

The Self Chec Preventiconpals are a group of fun and friendly characters who teach kids about the importance of healthy habits. Join them on their adventures as they learn about nutrition, exercise, and other ways to stay healthy.



Eat The Rainbow: Join the Self chec PreventiconPals and Practice Healthy Habits

★★★★☆ 4.5 out of 5

Language : English

File size : 5620 KB

Screen Reader: Supported

Print length : 28 pages

Lending : Enabled



Meet The Preventiconpals

- **Captain Carrot** is the leader of the Preventiconpals. He is a strong and brave superhero who loves to eat healthy foods.
- **Super Spinach** is a fast and agile superhero who loves to exercise. She is always up for a challenge.
- **Mighty Mango** is a smart and resourceful superhero who loves to learn about new things. She is always eager to help others.
- **Incredible Broccoli** is a kind and compassionate superhero who loves to make new friends. He is always there to lend a helping hand.

- **Amazing Apple** is a creative and imaginative superhero who loves to play and have fun. She is always full of energy.

The Preventiconpals' Mission

The Preventiconpals' mission is to help kids learn about the importance of healthy habits. They teach kids about the benefits of eating healthy foods, exercising regularly, and getting enough sleep. They also help kids learn how to cope with stress and make healthy choices.

The Preventiconpals' Adventures

The Preventiconpals go on many adventures to help kids learn about healthy habits. They visit schools, libraries, and community centers to teach kids about nutrition, exercise, and other ways to stay healthy. They also create fun and educational materials, such as books, games, and videos.

How To Join The Preventiconpals

To join the Preventiconpals, simply visit their website at www.preventiconpals.org. You can also follow them on social media at @preventiconpals.

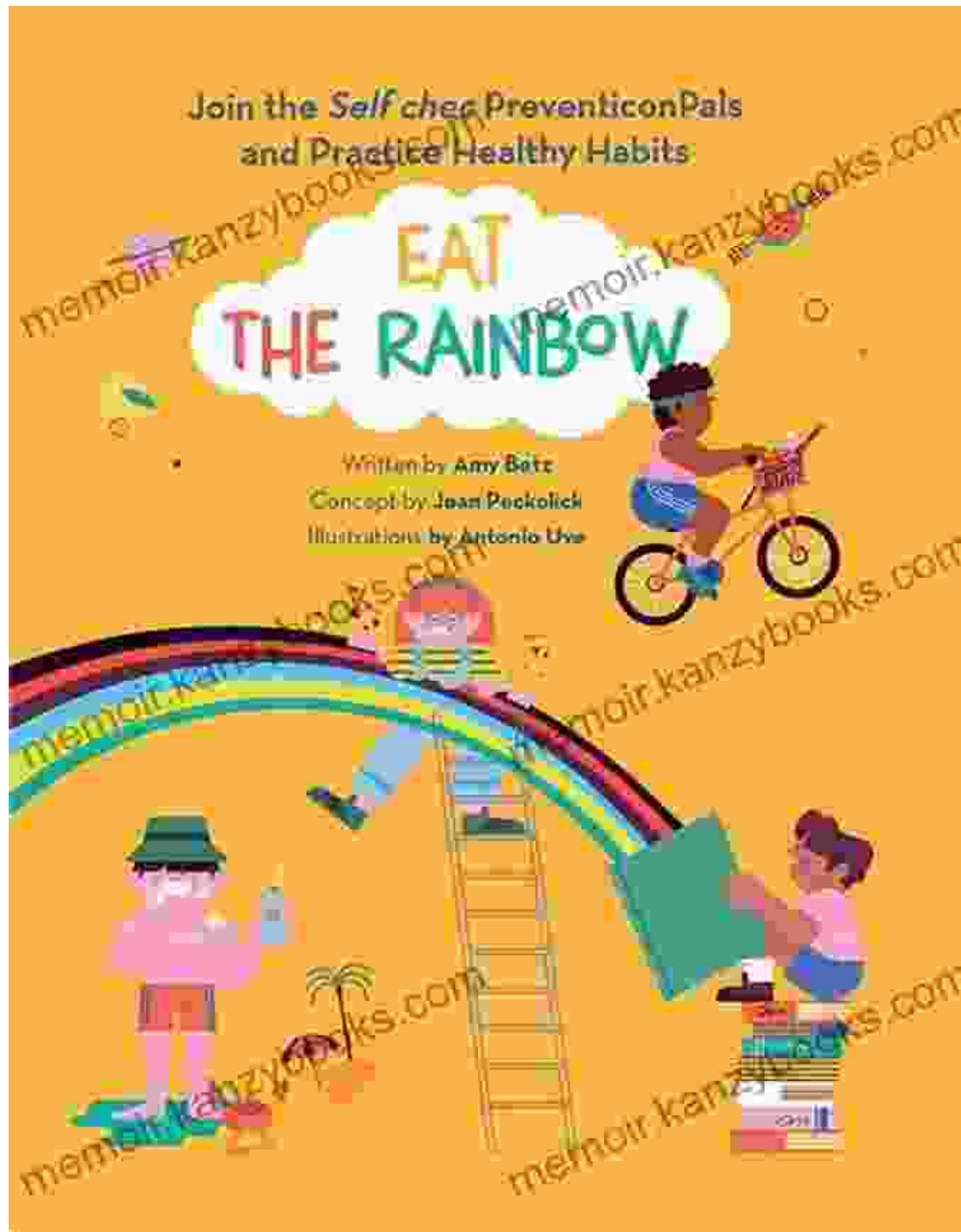
Benefits Of Joining The Preventiconpals

There are many benefits to joining the Preventiconpals, including:

- You will learn about the importance of healthy habits.
- You will make new friends who are also interested in healthy living.
- You will have fun and learn at the same time.
- You will make a difference in your own life and the lives of others.

Join The Preventiconpals Today

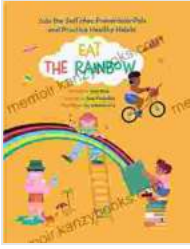
Join the Preventiconpals today and start practicing healthy habits. Together, we can make a difference in the world.



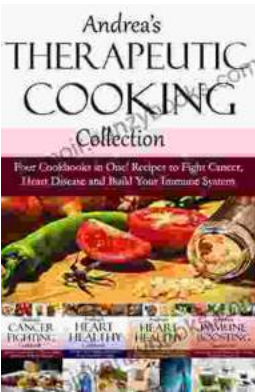
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