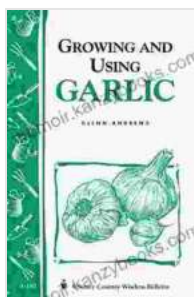


Growing and Using Garlic: A Complete Guide



Growing and Using Garlic: Storey's Country Wisdom Bulletin A-183 (Storey Country Wisdom Bulletin)

by Glenn Andrews

★★★★☆ 4.6 out of 5

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Garlic is a versatile herb that has been used for centuries for its culinary and medicinal properties. It is easy to grow and can be used in a variety of dishes. This guide will provide you with all the information you need to grow and use garlic successfully.

Growing Garlic

Climate and Soil Requirements

Garlic prefers a sunny location with well-drained soil. The soil should be loose and have a pH of between 6.0 and 7.0.

Planting Garlic

Garlic is planted in the fall, about 6 weeks before the first hard frost. The cloves should be planted 2-3 inches deep and 6 inches apart.

Watering Garlic

Garlic needs about 1 inch of water per week. Water the plants deeply and regularly, especially during the hot summer months.

Fertilizing Garlic

Garlic does not need a lot of fertilizer. A light application of a balanced fertilizer in the spring is sufficient.

Harvesting Garlic

Garlic is ready to harvest when the tops of the plants start to turn brown and the bulbs are firm. The bulbs should be dug up and allowed to dry in a cool, dry place.

Using Garlic

Culinary Uses

Garlic is a versatile herb that can be used in a variety of dishes. It can be used fresh, dried, or powdered. Garlic is a key ingredient in many cuisines, including Italian, French, and Chinese.

Medicinal Uses

Garlic has been used for centuries for its medicinal properties. It is said to have antibacterial, antiviral, and antifungal properties. Garlic has also been shown to lower cholesterol and blood pressure.

Garlic is a versatile herb that is easy to grow and use. It is a valuable addition to any garden and can be used in a variety of dishes. Garlic is also a healthy herb that has been shown to have a number of benefits.

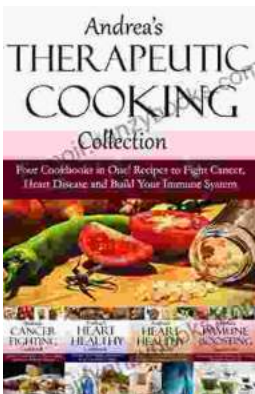


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