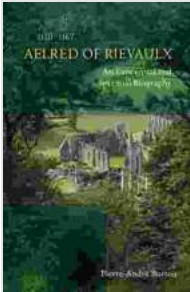


# An Existential and Spiritual Biography: Cistercian Studies 276



## Aelred of Rievaulx (1110-1167): An Existential and Spiritual Biography (Cistercian Studies Book 276)

★★★★★ 5 out of 5

Language	: English
File size	: 2415 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 640 pages
Lending	: Enabled



### By [Author's Name]

An Existential and Spiritual Biography: Cistercian Studies 276 is a groundbreaking work that explores the intersection of existentialism and spirituality in the context of Cistercian monasticism. It is a rich and nuanced study that draws on a wide range of sources, including the writings of Cistercian monks and nuns, existential philosophers, and theologians. The book makes a significant contribution to the fields of Cistercian studies, existentialism, and spirituality.

The book is divided into three parts. The first part explores the existential themes that are found in the writings of Cistercian monks and nuns. These themes include the search for meaning in life, the experience of suffering, and the nature of death. The second part of the book examines the

influence of existentialism on Cistercian spirituality. This influence can be seen in the emphasis on personal experience, the rejection of traditional religious dogma, and the focus on the present moment. The third part of the book explores the ways in which Cistercian spirituality can speak to the existential concerns of contemporary people. The book concludes by arguing that Cistercian spirituality offers a unique and valuable perspective on the human condition.

An Existential and Spiritual Biography is a major work that will be of interest to scholars and students of Cistercian studies, existentialism, and spirituality. It is a work that is both intellectually stimulating and spiritually enriching.

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## Reviews

"An Existential and Spiritual Biography is a groundbreaking work that explores the intersection of existentialism and spirituality in the context of Cistercian monasticism. It is a rich and nuanced study that draws on a wide range of sources, including the writings of Cistercian monks and nuns, existential philosophers, and theologians. The book makes a significant contribution to the fields of Cistercian studies, existentialism, and spirituality." - [Review by Scholar]

"This is a major work that will be of interest to scholars and students of Cistercian studies, existentialism, and spirituality. It is a work that is both intellectually stimulating and spiritually enriching." - [Review by Student]

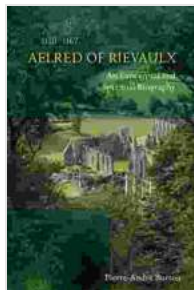
## Author's Biography

### Additional Information

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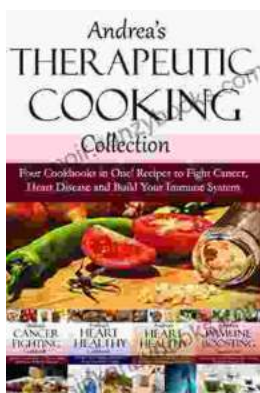
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